When you visit an internet site, it is easy for your abuser to find out what you have looked at. Your computer keeps a record of all these sites, meaning that your safety could be in jeopardy. There are ways to delete visits so that no one has access to your internet history.

In order to hide the sites you have visited, you must clear the computer's memory of the most recent pages you looked at. Once done, it may be wise to go onto other sites so that the history in your computer has activity. This will alleviate the suspicion of having no history recorded.

Below you will find the different internet browsers that allow you to access sites. Follow the directions for the browser you use and this should successfully clear the history in your computer.

Google Chrome

- Go to the *Tools* menu
- Select the *History* button
- Click the *Edit items...* link
- Click the *Clear all browsing data* button

**TIP: You can use the *Incognito* option to visit our website. In the same menu, select the *New incognito window* option. This option prevents Google Chrome from storing data about your browsing session.

Microsoft Internet Explorer 8.x for Windows

- Go to the *Safety* menu
- Select the *Delete Browsing History* button

**TIP: You can use the *InPrivate Browsing* option to visit our website. This option prevents Internet Explorer from storing data about your browsing session.

Microsoft Internet Explorer 7.0 for Windows

- Go to the *Tools* menu

- Select the *Deleting Browsing History* button
- Click on the *Delete all* button

Microsoft Internet Explorer 6.x for Windows

- Go to the *Tools* menu
- Select the *Internet Options* button
- Under the *General* tab, click on the *Clear History* button

Mozilla Firefox

- Go to the *Tools* menu
- Select the *Clear Private Data*button
- Click on the *Clear Private Data Now* button

Safari

- Go to the *History* menu
- Click on the Clear History button